

Date	Transaction	Ticker	Shares	Price	Transaction Amount	Transaction Cost	Cash position: 100K start
1/2/2014	Buy	XLY	149	\$66.70	-\$9,938.30	\$1.00	\$90,060.70
1/2/2014	Buy	XLV	280	\$55.31	-\$15,486.80	\$1.00	\$74,572.90
1/2/2014	Buy	XLB	217	\$45.94	-\$9,968.98	\$1.00	\$64,602.92
1/2/2014	Buy	SPY	250	\$183.98	-\$45,995.00	\$1.00	\$18,606.92
1/2/2014	Buy	XLU	395	\$37.92	-\$14,978.40	\$1.00	\$3,627.52
4/4/2014	Sell	SPY	130	\$189.10	\$24,583.00	\$1.00	\$28,209.52
4/28/2014	Sell	XLU	150	\$43.32	\$6,498.00	\$1.00	\$34,706.52
4/28/2014	Buy	XLE	100	\$93.39	-\$9,339.00	\$1.00	\$25,366.52
					-\$2,841.00		
5/22/2014	Sell	XLV	100	\$58.98	\$5,898.00	\$1.00	\$31,263.52
5/23/2014	Buy	SPY	20	\$190.17	-\$3,803.40	\$1.00	\$27,459.12
5/23/2014	Buy	VB	10	\$110.38	-\$1,103.80	\$1.00	\$26,354.32
5/29/2014	Sell	XLY	149	\$65.62	\$9,777.38	\$1.00	\$36,130.70
5/29/2014	Buy	XLP	250	\$44.69	-\$11,172.50	\$1.00	\$24,957.20
6/6/2014	Buy	XLE	50	\$96.83	-\$4,841.50	\$1.00	\$20,114.70
6/6/2014	Buy	VB	100	\$114.55	-\$11,455.00	\$1.00	\$8,658.70
					-\$16,296.50		
6/9/2014	Sell	XLV	130	\$59.85	\$7,780.50	\$1.00	\$16,438.20
6/9/2014	Buy	IBB	45	\$248.03	-\$11,161.35	\$1.00	\$5,275.85
6/9/2014	Sell	XLU	95	\$42.79	\$4,065.05	\$1.00	\$9,339.90
					\$684.20		
6/11/2014	Sell	XLU	150	\$42.15	\$6,322.50	\$1.00	\$15,661.40
6/11/2014	Buy	XLE	60	\$97.17	-\$5,830.20	\$1.00	\$9,830.20
					\$492.30		
7/1/2014	Sell	XLB	217	\$49.75	\$10,795.75	\$1.00	\$20,624.95
7/1/2014	Sell	XLE	60	\$100.41	\$6,024.60	\$1.00	\$26,648.55
7/1/2014	Buy	SPY	75	\$196.68	-\$14,751.00	\$1.00	\$11,896.55
					\$2,069.35		
7/3/2014	Sell	XLV	50	\$62.32	\$3,116.00	\$1.00	\$15,011.55
7/3/2014	Sell	SPY	105	\$198.25	\$20,816.25	\$1.00	\$35,826.80
7/3/2014	Buy	XLK	250	\$38.97	-\$9,742.50	\$1.00	\$26,083.30
7/3/2014	Buy	XLI	200	\$54.75	-\$10,950.00	\$1.00	\$15,132.30
					\$3,239.75		
7/3/2014	Dividends			\$853.31	\$853.31		\$15,985.61
7/8/2014	Sell	IBB	45	\$257.90	\$11,605.50	\$1.00	\$27,590.11
7/8/2014	Buy	SPY	90	\$196.57	-\$17,691.30	\$1.00	\$9,897.81
					-\$6,085.80		
7/10/2014	Sell	VB	110	\$113.92	\$12,531.20	\$1.00	\$22,428.01
7/10/2014	Buy	SPY	70	\$195.22	-\$13,665.40	\$1.00	\$8,761.61
					-\$1,134.20		
7/17/2014	Sell	SPY	160	\$195.73	\$31,316.80	\$1.00	\$40,077.41
7/21/2014	Buy	SPY	25	\$197.32	-\$4,933.00	\$1.00	\$35,143.41
7/21/2014	Buy	XLE	50	\$99.14	-\$4,957.00	\$1.00	\$30,185.41
					-\$9,890.00		
7/22/2014	Buy	GDX	150	\$26.73	-\$4,009.50	\$1.00	\$26,174.91

7/22/2014	Buy	YHOO	200	\$33.78	-\$6,756.00	\$1.00	\$19,417.91
					-\$10,765.50		
7/23/2014	Sell	XLP	250	\$44.85	\$11,212.50	\$1.00	\$30,629.41
7/23/2014	Buy	BMY	150	\$49.32	-\$7,398.00	\$1.00	\$23,230.41
7/23/2014	Buy	XTN	50	\$96.03	-\$4,801.50	\$1.00	\$18,427.91
					-\$987.00		
7/24/2014	Sell	YHOO Call	2	\$117.00	\$234.00	\$1.00	\$18,660.91
7/29/2014	Sell	XTN	50	\$92.33	\$4,616.50	\$1.00	\$23,276.41
7/29/2014	Sell	XLI	200	\$53.30	\$10,660.00	\$1.00	\$33,935.41
7/29/2014	Buy	TWTR	100	\$38.76	-\$3,876.00	\$1.00	\$30,058.41
7/29/2014	Buy	WFM	50	\$37.79	-\$1,889.50	\$1.00	\$28,167.91
7/29/2014	Buy	FOX	100	\$32.15	-\$3,215.00	\$1.00	\$24,951.91
7/29/2014	Buy	SO	100	\$44.81	-\$4,481.00	\$1.00	\$20,469.91
7/29/2014	Buy	C	50	\$49.48	-\$2,474.00	\$1.00	\$17,994.91
					-\$659.00		
7/31/2014	Sell	SPY	15	\$194.32	\$2,914.80	\$1.00	\$20,908.71
7/31/2014	Buy	WFM	50	\$37.80	-\$1,890.00	\$1.00	\$19,017.71
7/31/2014	Buy	XLU	100	\$41.25	-\$4,125.00	\$1.00	\$14,891.71
7/31/2014	Sell	FOX	100	\$31.75	\$3,175.00	\$1.00	\$18,065.71
7/31/2014	Buy	YUM	50	\$69.18	-\$3,459.00	\$1.00	\$14,605.71
					-\$3,384.20		
8/4/2014	Sell	XLU	100	\$40.80	\$4,080.00	\$1.00	\$18,684.71
8/5/2014	Sell	SO	100	\$42.75	\$4,275.00	\$1.00	\$22,958.71
8/5/2014	N/A	TWTR					\$22,958.71
8/6/2014	Sell	XLE	100	\$95.75	\$9,575.00	\$1.00	\$32,532.71
8/6/2014	Buy	COH	100	\$35.12	-\$3,512.00	\$1.00	\$29,019.71
8/6/2014	Buy	AAPL	20	\$95.07	-\$1,901.40	\$1.00	\$27,117.31
8/6/2014	Buy	EPD	50	\$74.21	-\$3,710.50	\$1.00	\$23,405.81
8/6/2014	Buy	AML	250	\$18.09	-\$4,522.50	\$1.00	\$18,882.31
					-\$4,071.40		
8/8/2014	Sell	TWTR Call	1	\$57.00	\$57.00	\$1.18	\$18,938.13
8/13/2014	Buy	JCP	200	\$9.31	-\$1,862.00	\$1.00	\$17,075.13
8/13/2014	Buy	SPY	10	\$194.76	-\$1,947.60	\$1.00	\$15,126.53
					-\$3,809.60		
8/18/2014	Sell	YHOO	100	\$37.45	\$3,745.00	\$1.00	\$18,870.53
8/18/2014	Sell	YHOO Call	1	\$60.00	\$60.00	\$1.18	\$18,929.35
8/18/2014	Buy	WAG	75	\$61.08	-\$4,581.00	\$1.00	\$14,347.35
8/18/2014	Sell	XLE	50	\$96.60	\$4,830.00	\$1.00	\$19,176.35
8/18/2014	Buy	EPD	75	\$76.85	-\$5,763.75	\$1.00	\$13,411.60
					-\$1,709.75		
8/22/2004	Buy	JCP	100	\$10.07	-\$1,007.00	\$1.00	\$12,403.60
8/28/2014	Sell	YUM	50	\$72.38	\$3,619.00	\$1.00	\$16,021.60
9/4/2014	Stop	XLE	50		\$0.00	\$0.00	\$16,021.60
9/5/2014	Buy	AAPL	20	\$99.02	-\$1,980.40	\$1.00	\$14,040.20

9/8/2014	Sell	YHOO	50	\$41.24	\$2,062.00	\$1.00	\$16,101.20
9/8/2014	Sell	GDx	150	\$24.22	\$3,633.00	\$1.00	\$19,733.20
					\$5,695.00		
9/9/2014	Sell	XLE	50	\$96.07	\$4,803.50	\$1.00	\$24,535.70
9/9/2014	Buy	EOG	50	\$102.25	-\$5,112.50	\$1.00	\$19,422.20
9/9/2014	Buy	WAG	25	\$62.60	-\$1,565.00	\$1.00	\$17,856.20
9/9/2014	Buy	YUM	25	\$72.05	-\$1,801.25	\$1.00	\$16,053.95
					-\$3,675.25		
9/15/2014	Buy	TWTR	50	\$50.01	-\$2,500.50	\$1.00	\$13,552.45
9/15/2014	Sell	TWTR Call	1	\$86.00	\$86.00	\$1.18	\$13,637.27
					-\$2,414.50		
9/19/2014	Buy	YHOO	50	\$42.57	-\$2,128.50	\$1.00	\$11,507.77
9/19/2014	Sell	YHOO Put	1	\$42.00	\$42.00	\$1.32	\$11,548.45
9/19/2014	Sell	JCP Put	5	\$20.00	\$100.00	\$4.74	\$11,643.71
9/19/2014	Buy	YHOO Put	1	\$97.00	-\$97.00	\$0.91	\$11,545.80
9/19/2014	Sell	YHOO	100	\$40.93	\$4,093.00	\$1.00	\$15,637.80
					\$2,009.50		
9/22/2014	Sell	WAG	100	\$62.13	\$6,213.00	\$1.00	\$21,849.80
9/22/2014	Buy	M	25	\$58.98	-\$1,474.50	\$1.00	\$20,374.30
					\$4,738.50		
9/24/2014	Sell	WFM	100	\$38.00	\$3,800.00	\$1.00	\$24,173.30
9/24/2014	Buy	KR	25	\$52.78	-\$1,319.50	\$1.00	\$22,852.80
					\$2,480.50		
9/25/2014	Buy	AAPL	10	\$98.70	-\$987.00	\$1.00	\$21,864.80
9/26/2014	Sell	COH	100	\$36.33	\$3,633.00	\$1.00	\$25,496.80
9/26/2014	Buy	JCP Call	3	\$26.00	-\$78.00	\$3.81	\$25,414.99
					\$3,555.00		
9/29/2014	Buy	SPY	20	\$197.49	-\$3,949.80	\$1.00	\$21,464.19
9/29/2014	Buy	M	25	\$58.92	-\$1,473.00	\$1.00	\$19,990.19
9/29/2014	Buy	XLF	100	\$23.21	-\$2,321.00	\$1.00	\$17,668.19
					-\$7,743.80		
9/30/2014	Buy	JCP Put	5	\$26.00	-\$130.00	\$6.81	\$17,531.38
9/30/2014	Sell	JCP Call	3	\$42.00	\$126.00	\$4.81	\$17,652.57
9/30/2014	Sell	EOG	50	\$99.50	\$4,975.00	\$1.00	\$22,626.57
					\$4,971.00		
10/1/2014	Buy	SPY Call	3	\$496.00	-\$1,488.00	\$2.36	\$21,136.21
10/2/2014	Sell	SPY Call	3	\$465.00	\$1,395.00	\$3.36	\$22,527.85
10/2/2014	Sell	JCP	200	\$9.69	\$1,938.00	\$1.00	\$24,464.85
					\$3,333.00		
10/3/2014	Sell	EPD	125	\$39.24	\$4,905.00	\$1.00	\$29,368.85
10/3/2014	Sell	AMLp	125	\$19.05	\$2,381.25	\$1.00	\$31,749.10
10/3/2014	Buy	DPZ	30	\$77.70	-\$2,331.00	\$1.00	\$29,417.10
10/3/2014	Buy	CMG	3	\$674.50	-\$2,023.50	\$1.00	\$27,392.60
10/3/2014	Buy	M	10	\$59.60	-\$596.00	\$1.00	\$26,795.60
10/3/2014	Buy	FUN	30	\$46.57	-\$1,397.10	\$1.00	\$25,397.50
10/3/2014	Buy	IBB	10	\$275.33	-\$2,753.30	\$1.00	\$22,643.20
10/3/2014	Buy	XLV	40	\$64.41	-\$2,576.40	\$1.00	\$20,065.80
10/3/2014	Buy	KR	25	\$52.88	-\$1,322.00	\$1.00	\$18,742.80
10/3/2014	Buy	TAP	20	\$74.01	-\$1,480.20	\$1.00	\$17,261.60
					-\$7,193.25		
10/7/2014	Sell	YUM	25	\$70.86	\$1,771.50	\$1.00	\$19,032.10

10/7/2014	Buy	BMY	50	\$49.77	-\$2,488.50	\$1.00	\$16,542.60
10/7/2014	Buy	M	40	\$57.36	-\$2,294.40	\$1.00	\$14,247.20
					-\$3,011.40		
10/8/2014	Buy	EPD	25	\$38.23	-\$955.75	\$1.00	\$13,290.45
10/9/2014	Sell	BMY	100	\$50.44	\$5,044.00	\$1.00	\$18,333.45
10/10/2014	Sell	DPZ	30	\$77.14	\$2,314.20	\$1.17	\$20,646.48
10/10/2014	Buy	CMG	3	\$667.93	-\$2,003.79	\$1.00	\$18,641.69
10/10/2014	Sell	IBB	10	\$268.70	\$2,687.00	\$1.00	\$21,327.69
10/10/2014	Buy	XLV	40	\$63.84	-\$2,553.60	\$1.00	\$18,773.09
10/10/2014	Buy	EPD	25	\$34.73	-\$868.25	\$1.00	\$17,903.84
					-\$424.44		
10/13/2014	Buy	CMG	1	\$645.05	-\$645.05	\$1.00	\$17,257.79
10/13/2014	Sell	JCP	100	\$7.34	\$734.00	\$1.00	\$17,990.79
					\$88.95		
10/14/2014	Sell	XLK	100	\$38.01	\$3,801.00	\$1.00	\$21,790.79
10/14/2014	Buy	XLF	100	\$22.59	-\$2,259.00	\$1.00	\$19,530.79
10/14/2014	Buy	TWTR	25	\$48.84	-\$1,221.00	\$1.00	\$18,308.79
10/14/2014	Buy	M	25	\$56.75	-\$1,418.75	\$1.00	\$16,889.04
10/14/2014	Buy	CMG	5	\$647.14	-\$3,235.70	\$1.00	\$13,652.34
10/14/2014	Buy	VB	50	\$106.27	-\$5,313.50	\$1.00	\$8,337.84
					-\$9,646.95		
10/15/2014	Sell	TWTR	25	\$49.67	\$1,241.75	\$1.00	\$9,578.59
10/15/2014	Sell	C	50	\$49.30	\$2,465.00	\$1.05	\$12,042.54
10/15/2014	Sell	FUN	30	\$43.55	\$1,306.50	\$1.05	\$13,347.99
10/15/2014	Sell	TAP	20	\$68.63	\$1,372.60	\$1.08	\$14,719.51
10/15/2014	Sell	XLF	200	\$21.80	\$4,360.00	\$1.10	\$19,078.41
10/15/2014	Sell	XLV	80	\$59.75	\$4,780.00	\$1.05	\$23,857.36
10/15/2014	Sell	EPD	25	\$36.32	\$908.00	\$1.00	\$24,764.36
10/15/2014	Sell	AML	25	\$17.83	\$445.75	\$1.00	\$25,209.11
10/15/2014	Buy	SPY Call	1	\$522.00	-\$522.00	\$1.18	\$24,685.93
10/15/2014	Sell	SPY Call	1	\$472.00	\$472.00	\$1.18	\$25,156.75
10/15/2014	Buy	XLU	100	\$42.71	-\$4,271.00	\$1.05	\$20,884.70
10/15/2014	Buy	AAPL	10	\$97.56	-\$975.60	\$1.00	\$19,908.10
10/15/2014	Buy	VB	15	\$105.79	-\$1,586.85	\$1.00	\$18,320.25
10/17/2014	Buy	EPD	50	\$37.23	-\$1,861.50	\$1.00	\$16,457.75
10/17/2014	Sell	EPD	100	\$37.57	\$3,757.00	\$1.00	\$20,213.75
10/17/2014	Sell	EPD	100	\$37.88	\$3,788.00	\$1.08	\$24,000.67
10/17/2014	Buy	CMG	3	\$641.35	-\$1,924.05	\$1.00	\$22,075.62
10/17/2014	Buy	CMG Put	1	\$192.00	-\$192.00	\$1.09	\$21,882.53
10/17/2014	Buy	EPD	50	\$37.53	-\$1,876.50	\$1.00	\$20,005.03
10/17/2014	Sell	VB	25	\$107.35	\$2,683.75	\$1.00	\$22,687.78
10/17/2014	Buy	SPY	15	\$188.47	-\$2,827.05	\$1.00	\$19,859.73
10/20/2014	Sell	AAPL	10	\$99.76	\$997.60	\$1.00	\$20,856.33
10/20/2014	Sell	CMG	5	\$653.03	\$3,265.15	\$1.00	\$24,120.48
10/20/2014	Sell	XLK	50	\$37.92	\$1,896.00	\$1.00	\$26,015.48
10/20/2014	Buy	GOOG	3	\$520.84	-\$1,562.52	\$1.00	\$24,451.96
10/20/2014	Buy	SPY	15	\$190.30	-\$2,854.50	\$1.00	\$21,596.46
10/21/2014	Sell	CMG Put	1	\$168.00	\$168.00	\$0.42	\$21,764.04

10/21/2014	Buy	XLE	10	\$85.93	-\$859.30	\$1.00	\$20,903.74
10/21/2014	Buy	EOG	10	\$96.01	-\$960.10	\$1.00	\$19,942.64
10/21/2014	Buy	Goog	3	\$520.28	-\$1,560.84	\$1.00	\$18,380.80
10/22/2014	Buy	SPY	100	\$193.27	-\$19,327.00	\$1.00	-\$947.20
10/22/2014	Sell	SPY	100	\$193.52	\$19,352.00	\$1.00	\$18,403.80
10/22/2014	Buy	XLE	10	\$84.39	-\$843.90	\$1.00	\$17,558.90
10/22/2014	Buy	EOG	10	\$92.07	-\$920.70	\$1.00	\$16,637.20
10/22/2014	Sell	YHOO Call	1	\$16.00	\$16.00	\$0.74	\$16,652.46
10/22/2014	Sell	CMG Call	1	\$140.00	\$140.00	\$1.94	\$16,790.52
10/24/2014	Buy	Goog	3	\$537.53	-\$1,612.59	\$1.00	\$15,176.93
10/24/2014	Buy	FOX	100	\$32.21	-\$3,221.00	\$1.00	\$11,954.93
					\$0.00	\$1.00	\$11,953.93
10/27/2014	Sell	TWTR	50	\$49.90	\$2,495.00	\$1.00	\$14,447.93
10/27/2014	Sell	XLE	20	\$83.26	\$1,665.20	\$1.00	\$16,112.13
10/27/2014	Buy	EOG	10	\$88.43	-\$884.30	\$1.00	\$15,226.83
10/27/2014	Sell	SPY	20	\$196.16	\$3,923.20	\$1.00	\$19,149.03
10/27/2014	Buy	DIS	20	\$88.45	-\$1,769.00	\$1.00	\$17,379.03
10/27/2014	Buy	DD	30	\$67.88	-\$2,036.40	\$1.00	\$15,341.63
10/27/2014	Sell	XLU	100	\$44.43	\$4,443.00	\$1.00	\$19,783.63
10/27/2014	Buy	SPY	25	\$196.16	-\$4,904.00	\$1.00	\$14,878.63
10/27/2014	Sell	TWTR Call	1	\$226.00	\$226.00	\$1.00	\$15,103.63
							\$15,103.63
10/28/2014	Buy	TWTR	20	\$42.25	-\$845.00	\$1.10	\$14,257.53
10/28/2014	Buy	M	25	\$57.00	-\$1,425.00	\$1.00	\$12,831.53
10/28/2014	Buy	TWTR	20	\$42.50	-\$850.00	\$1.00	\$11,980.53
10/28/2014	Buy	TWTR Call	1	\$405.00	-\$405.00	\$1.09	\$11,574.44
10/28/2014	Buy	TWTR	20	\$44.40	-\$888.00	\$1.00	\$10,685.44
10/28/2014	Buy	TWTR	20	\$43.91	-\$878.20	\$1.00	\$9,806.24
10/28/2014	Sell	TWTR Put	1	\$56.00	\$56.00	\$1.54	\$9,860.70
10/28/2014	Sell	YHOO Call	1	\$65.00	\$65.00	\$1.09	\$9,924.61
10/28/2014	Buy	TWTR	20	\$43.78	-\$875.60	\$1.00	\$9,048.01
					\$0.00	\$0.00	\$9,048.01
10/29/2014	Buy	FB	15	\$75.74	-\$1,136.10	\$1.00	\$7,910.91
10/29/2014	Sell	TWTR Call	1	\$490.00	\$490.00	\$1.09	\$8,399.82
10/29/2014	Sell	EOG	30	\$94.15	\$2,824.50	\$1.00	\$11,223.32
10/29/2014	Sell	SPY	35	\$198.02	\$6,930.70	\$1.00	\$18,153.02
10/29/2014	Buy	PNRA	25	\$162.66	-\$4,066.50	\$1.00	\$14,085.52
10/29/2014	Sell	TWTR	100	\$42.66	\$4,266.00	\$1.00	\$18,350.52
10/29/2014	Sell	TWTR	100	\$42.78	\$4,278.00	\$1.00	\$22,627.52
10/29/2014	Buy	TWTR	50	\$42.56	-\$2,128.00	\$1.00	\$20,498.52
10/29/2014	Sell	TWTR	50	\$42.84	\$2,142.00	\$1.00	\$22,639.52
10/29/2014	Buy	TWTR	100	\$42.73	-\$4,273.00	\$1.00	\$18,365.52
10/29/2014	Sell	TWTR	100	\$43.22	\$4,322.00	\$1.00	\$22,686.52
10/29/2014	Buy	TWTR	100	\$42.82	-\$4,282.00	\$1.00	\$18,403.52
10/29/2014	Buy	TWTR	100	\$42.68	-\$4,268.00	\$1.00	\$14,134.52
10/29/2014	Buy	TWTR	100	\$42.53	-\$4,253.00	\$1.00	\$9,880.52
10/29/2014	Buy	TWTR	100	\$42.45	-\$4,245.00	\$1.00	\$5,634.52
10/29/2014	Buy	TWTR	100	\$42.32	-\$4,232.00	\$1.00	\$1,401.52
10/29/2014	Sell	TWTR	100	\$42.45	\$4,245.00	\$1.00	\$5,645.52
10/29/2014	Sell	TWTR	100	\$42.53	\$4,253.00	\$1.00	\$9,897.52
10/29/2014	Buy	TWTR	100	\$42.13	-\$4,213.00	\$1.00	\$5,683.52

